

FLINT

BREAKFAST MENU

(9:00 – 11:00 SUN)

AT FLINT WE LIKE TO USE THE FRESHEST INGREDIENTS POSSIBLE.
SO FOR YOUR BREAKFAST, WE HAVE OUR OWN CHICKENS WHICH SUPPLY OUR
ORGANIC, FREE RANGE EGGS AND ALL OF OUR BREADS ARE BAKED IN HOUSE EVERY
DAY.

ENJOY.

FRESHLY BAKED CROSSAINT 7
MARMALADE/STRAWBERRY JAM

“EGGS & SOLDIERS” 22
BOILED EGGS, ASPARAGUS, SMOKED SALMON, BRIOCHE

BREAKFAST BRUSCETTA 18
FOCCACIA, TOMATO, BASIL, POACHED EGGS, PARMESAN

MORNING SALAD 17
BABY SPINACH, POACHED EGG, SAUTÉED MUSHROOM, BACON,
TOMATO, BASIL, BALSAMIC REDUCTION

VANILLA WAFFLES 17
MAPLE SYRUP, & STRAWBERRY COMPOTE

FRENCH TOAST 18
CARAMELIZED PEACHES, YOGHURT

“BFB” BIG FLINT BREKKY 24
MUM’S RECIPE CUMBERLAND SAUSAGE, BACON, BAKED BEANS, EGGS, TOMATO,
MUSHROOMS, TOAST

FLINTS PIN HEAD PORRIDGE 14
ORGANIC LEATHERWOOD HONEY AND MILK MOAT

EXTRAS

MUSHROOMS TOMATO BACON, TOASTED FOCCACIA 5
MUMS RECIPE CUMBERLAND SAUSAGE SMOKED SALMON 6